

# Successfully Outsourcing Speech Therapy: A Case Study

#### ABOUT LANGUAGE FUNDAMENTALS

Founded in 2001, Language Fundamentals provides Speech Therapy Services to Skilled Nursing Facilities and beyond.

Working collaboratively with all members of the interdisciplinary team, Language Fundamentals therapists deliver speech language and swallowing services with caring & compassion in order to ensure our clients maintain a strong quality of life.

Sky View serves as your bridge between hospital and home, spanning the gap from recovery to community reentry. Our luxurious and hotel-like environment is the ideal setting for those in need of Post Acute Rehabilitation or Long-Term Care.

Sky View Rehabilitation and Health Care Center is a 192 bed Skilled Nursing Facility located in Croton-On-Hudson, New York.

Sky View is part of Epic Healthcare Management, who operates 5 privately held Skilled Nursing Facilities across the Hudson Valley of New York.

Prior to partnering with Language Fundamentals in 2010, Sky View faced the challenges in their speech therapy department of:

- Limited labor pool and lack of speech therapy continuity
- Absence of program development for treating swallowing therapy, speech lanaguage deficits, & cognitive impairment
- Speech Therapy unable to make meanungful contribution to patient and facility outcomes

The facility had a very difficult time finding SLP coverage, resulting in a higher prevalence of service interruption due to non-coverage of staff and a limited labor pool

Covering time off requests, providing consistent SLP services, and lack of speech related education also created headaches for management.

"The Continuity of care that the SLP's provide have been incomparable. They exhibit exceptional professionalism and customer service with the residents, families, and staff, as well as a level of clinical expertise that is first class." –

Vincent Maniscalco, Vice President of Strategic Planning /
Administrator Sky View Rehabilitation and Healthcare

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## The Language Fundamentals Difference

#### CLINICAL **EXCELLENCE IN** SPEECH **THERAPY**

- Dysphagia
- Speech Language Deficits
- **Aphasia**
- **Apraxia**
- TBI
- Cognitive Impairment
- Parkinson's Disease
- Dementia



Since collaborating with Language Fundamentals, Sky View has seen a broader approach to resident care that includes cognitive therapy, speech language and swallowing for a more holistic approach to resident/patient quality care, wellness, and overall improved clinical outcomes.

With Language Fundamentals, service to the residents is continuous. This continuity of care leads to both higher patient and facility outcomes.

As a result, Epic Healthcare Management has expanded its partnership with Language Fundamentals to all of its New York based skilled nursing facilities; now spanning across 3 major counties of the Hudson Valley Region.

### **Tangible Results**

- High quality Speech Therapy provided on a consistent daily basis
- Superior clinical oversight provided to Sky View by SLPs experienced in treating the long term care population
- Seamless coverage for vacation and time off without interruption
- Language
- Speech caseload provides positve impact on clinical reimbursement
- Safe and effective FEES testing provided on-site
- Clinical program development to provide the most effective therapeutic services to patients with dysphagia, cognitive impairment, and aphasia



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